IN THE CLAIMS

- 1. (currently amended) In aA method for operating stimulating a human body in a warm or hot air booth by using with a cold medium, the improvements characterized in that the warm or hot by circulating air respectively, is circulated in a the booth on the a ceiling side thereof and is calmed at time intervals, and the introducing the cold medium is introduced into the flowing warm or hot air, respectively; booth at the ceiling side.
- 2. (currently amended) A method according to claim 1, characterized in that the calming of the air is achieved by periodically interrupting the hot air circulation, e.g. by switching off a fan circulating.
- 3. (currently amended) A warm air booth for carrying out the method ac-cording to claim 1, characterized in that in addition to the usual heating and air circulating means, a de-vice for supplying cold media is provided which is ar-ranged on the ceiling side the introducing is in the region of the air circulating means.
- 4. (currently amended) A warm air booth method according to claim 3, characterized in that the air circulating means comprises rotating a rotor (R) which is covered by an ejector disk (5) for introduced the introducing of the cold medium in the form of snow, ice flakes, granular ice cubes or the like, with outwardly directed, preferably radially and/or slantedly thereto extending ejecting fingers (5') therefrom.

- 5. (currently amended) A warm air booth method according to claim 4, characterized in that at a location, where no guests are seated shielding, the ejector disk (5) with the ejecting fingers (5') is shielded off by a segment ring (9).
- 6. (currently amended) A warm air booth method according to claim 3 with a further comprising heating device formed as an electric furnace which has a fresh air inlet the booth on its a bottom side, characterized in that laterally of the furnace wall, at least one pipe (26), a channel duct or the like is provided which is lined with fire-clay and ends in the booth space at a closing wall (19) of the furnace (23).
- 7. (currently amended) A warm air booth method according to claim 6, characterized in that the wherein the heating comprises projecting a the pipe (26) projects from the a furnace (23) into the booth space and forms a safety means against unauthorized manipulations in the furnace interior.
- 8. (currently amended) A warm air booth method according to claim 6, characterized in that the by guiding fresh air is guided into the booth through at least one second pipe (27), duct or the like, which ends in the warm air booth e.g. through an opening (27') or the like.
- 9. (new) A method according to claim 4 further comprising heating the booth on a bottom side.

- 10. (new) A method according to claim further comprising heating the booth on a bottom side.
- 11. (new) A method according to claim 9, wherein the heating comprises projecting a the pipe (26) from a furnace (23) into the booth.
- 12. (new) A method according to claim 10, wherein the heating comprises projecting a the pipe (26) from a furnace (23) into the booth.
- 13. (new) A method according to claim 9, characterized by guiding fresh air into the booth through at least one second pipe (27).
- 14. (new) A method according to claim 10, characterized by guiding fresh air into the booth through at least one second pipe (27).
- 15. (new) A method according to claim 11, characterized by guiding fresh air into the booth through at least one second pipe (27).
- 16. (new) A method according to claim 12, characterized by guiding fresh air into the booth through at least one second pipe (27).